

10 TIPS FOR EARTHQUAKE SAFETY



QUAKE! Protect Yourself First.

- Be prepared and protect yourself from an earthquake when you hear an earthquake warning announcement or feel a quake.
- Stay under a large table until a quake is gone. Keep yourself safe from falling or moving objects during a quake.



【High-rise Building with 10 or More Floors】

- Upper floors may be shaken for several minutes.
- Large, slow shakes may let the furniture fall down or move across the room.

Right After An Earthquake

Keep Calm. Check All Fire Sources. Put Out Fire Quickly.

- If you were using any sources of fire or heat, turn them off when the shaking calms down.
- If a fire starts, put it out quickly and calmly.



Keep Calm. Panic May Cause You Injuries.

- Be careful of fallen objects or shattered glass in the home.
- Stay inside. Roof tiles, broken window glass or signboards may fall down and hit you.



Make Sure You Have Ways Out: Open Doors And Windows.

Secure an exit for escape when the shaking stops.



Keep Away From Gateposts And Walls.

If you feel an earthquake outside, stay away from concrete walls and other objects which may fall over.



After An Earthquake

Stay Away From Fires And Tsunami.

- Take refuge in a temporary assembly spot or an evacuation area when a fire may threaten your life in the community.
- Leave the coast as soon as possible for a higher, safer place when you are hit by a big quake or hear a tsunami warning at the seaside.



Get The Right Information. Take The Right Action.

Get accurate information from radio, television, fire stations, local authorities, etc.



Make Sure Your Family And Neighbors Are Safe.

After you confirm your family's safety, check if your neighbors are all right.



Work Together On Rescue And First Aid.

Work with your neighbors to free victims from under debris or fallen furniture and to give first aid.



Make Sure Electricity And Gas Are Off Before Evacuation.

Turn off circuit breakers and the gas at the main before you evacuate.

